

Why Girls Need Enlighten Education

Supermodels, Pop Divas, Soapie Stars. Do we really want these to be the only role models for girls?

Starlets gyrating all over Saturday morning TV when they're not passing out somewhere, fashion ads of already skeletal models photoshopped to look even thinner, stores selling clothes for tweens that encourage them to be too sexy too soon – everywhere girls turn, they're bombarded with messages that make them feel that they're just bodies, not somebodies. Too many girls feel worthless, angry, sad and anxious. The statistics show they're suffering depression, low self-esteem, eating disorders, binge-drinking and substance abuse, STDs, self-harm and suicide at alarming rates.

Who We Are, What We Do

Enlighten Education's programs are created by experienced educators. We help girls decode the messages they are exposed to, and we inspire them to follow their own path to success and fulfilment. With the caring support of our stellar presenters, girls develop self-esteem and confidence – and they begin to shine.

Our Programs



Full-day program for years 6–7 (ages 11–13)

Equips girls making the transition from junior to secondary school with a survival kit of skills: time management, prioritising, creating a positive learning space, stress management and making successful new friendships.



Full-day program for years 5–12 (ages 11–18)

A program tailored to suit your girls, built from modules including: critically evaluating media and social messages about having a "perfect" body; reconnecting with core values and self-belief lost in adolescence; feminism; fashion labels and social labelling; managing money; study and workplace skills; personal safety; journal writing; stress management; and having healthy friendships.



Half-day program for years 10–12 (ages 15–18)

Helps girls identify and develop the skills employers want, produce a winning CV and prepare for job interviews. Reveals the value of emotional intelligence, good relationships with co-workers, and balancing right- and left-brain thinking.



Half-day program for years 5–12 (ages 11–18)

A tailored half-day program made up of workshops from The Butterfly Effect (see above).

Parent Seminar

In this 1 hour talk, Dannielle Miller gives parents insight into the pain of teen-girl world, and the tools to help their daughters bloom into happy, confident young women. For more information and bookings please go to: www.danniellemliller.com.

Free Resource: The Butterfly Effect Blog

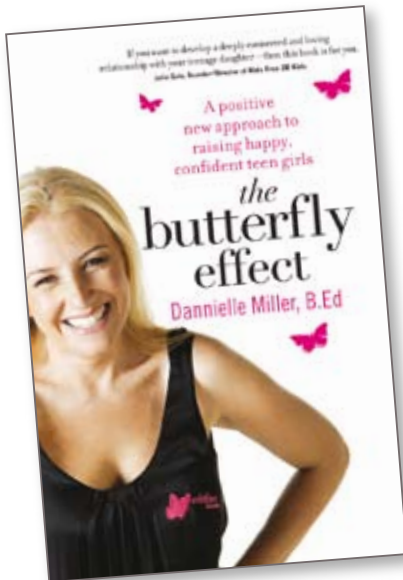
Our thought-provoking weekly blog keeps educators and parents up to date on news and issues in girls' education. You are invited to join the conversation at <http://enlightenededucation.edublogs.org>.

Our Awards

Enlighten Education was National Winner, Children's Services, in the Small Business Champion Awards, 2007. Dannielle Miller, CEO and co-founder of Enlighten Education, was NSW/ACT Small Business Champion Entrepreneur, 2007; she was named the number 1 Emerging Leader in Learning by *The Australian* newspaper and one of Sydney's 100 most influential people by *the(sydney)magazine* in 2009.



SMALL BUSINESS
CHAMPION
AWARDS
NATIONAL WINNER 2007



The Butterfly Effect, by Dannielle Miller, CEO

This popular book offers a positive new approach to raising teen girls, based on forging deeper, more loving relationships.

Enlighten Education in the Media

Channel 9's *60 Minutes* and *A Current Affair*, Channel 7's *Sunrise*, *Breakfast TV NZ* and *The Morning Show*, *Notebook* magazine, *The Sydney Morning Herald*, *The Weekend Australian* magazine, *the(sydney)magazine*, *The Age*, *The Australian Educational Leader*, Perth's *Sunday Times*, ABC radio stations nationally, 2GB, 2UE, 3AW and Nova.



Contact Us

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